

Term 4 Timetable 2020

NICA SHORT COURSES - Return from lockdown!

Monday 23 November to Saturday 12 December



Weekday Evening & Saturday Classes

MONDAY
3 weeks

TUESDAY
3 weeks

WEDNESDAY
3 weeks

THURSDAY
3 weeks

SATURDAY
3 weeks

Whilst COVID-19 restrictions are in place, additional safety practices will be implemented. Entry will be through the central foyer via the check-in desk. All enrolled participants must check-in up to 15 minutes prior to the commencement of their class

NICAdets Kids 7-12 yrs ∞ <i>All levels</i> 5.30 - 7.00pm	TEEN CIRCUS DYNAMICS^o Teen ∞ <i>Int/Adv</i> 5.30 - 7.30pm	NICAdets Kids 7-12 yrs ∞ <i>All levels</i> 5.30 - 7.00pm	TEEN TUMBLING & ACROBATICS^o Teen ∞ <i>Intermediate</i> 5.30 - 7.30pm	NICAdets Kids 7-12 yrs ∞ <i>All levels</i> 9.30 - 11.00am
CIRCUSTEENS Teen ∞ <i>All levels</i> 6.00 - 7.30pm	FLYING TRAPEZE Teen 15+/Adults ∞ <i>Beg/Int</i> 6.15 - 7.45pm	SUPERdets Kids 10-12 yrs ∞ <i>Int</i> 5.30 - 7.00pm	CORE STRENGTH & HANDBALANCING Adult ∞ <i>All levels</i> 6.15 - 7.45pm	AERIAL HOOP Adult ∞ <i>Intermediate</i> 9.30 - 11.00am
AERIAL TEENS Teen ∞ <i>Beginner</i> 6.00 - 7.30pm	AERIAL PREPARATION Adult ∞ <i>Beginner</i> 6.45 - 8.15pm	AERIAL TEENS Teen ∞ <i>Int/Adv</i> 6.00 - 7.30pm	TISSU Adult ∞ <i>Int</i> 6.45 - 8.15pm	SUPERdets Kids 10-12 yrs ∞ <i>Int</i> 9.45 - 11.15am
TUMBLING Adult ∞ <i>Beginner</i> 6.45 - 8.15pm	TUMBLING Adult ∞ <i>Int</i> 6.45 - 8.15pm	AERIAL ASSORT. Adult ∞ <i>Beg+</i> 6.30 - 8.00pm	AERIAL HOOP Adult ∞ <i>Beg+/Int</i> 6.45 - 8.15pm	AERIAL EXTENSION Kids 7-12 yrs ∞ <i>Int</i> 11.45 - 12.45pm
AERIAL ASSORT. Adult ∞ <i>Int/Adv</i> 6.45 - 8.15pm	TISSU Adult ∞ <i>Beg+/Int</i> 6.45 - 8.15pm			TISSU Adult ∞ <i>Intermediate</i> 11.45 - 1.15pm
				CIRCUSTEENS Teen ∞ <i>All levels</i> 11.45 - 1.45pm

LEVEL GUIDE

Beginner Complete newbie

Beginner + Moving on from being a newbie

Beginner/Intermediate Know the basics, doing more tricky stuff

Intermediate Getting fancy with your tricks

Intermediate/Advanced Linking tricks & making acts

All levels Everyone welcome

LEGEND:

Kids

Teens - Int/Adv

Adult - aerial

Flying Trapeze
- Teens & Adults

Teens - Beg/All levels

Adult - ground

^o Accelerated Teens classes

NICA Short Courses

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