

# TERM 2 - NICA SHORT COURSES 2019

Tuesday 23 April to Saturday 29 June

NO CLASSES RUN AT NICA DURING PUBLIC HOLIDAYS: ANZAC DAY 25 APRIL & QUEEN'S BIRTHDAY 10 JUNE

<b>MONDAY</b>	<b>NICAjets</b> 5.00 - 6.30pm max:24 Streamed Kids 7-12 yrs	<b>CIRCUSTEENS</b> 5.15 - 7.15pm max:16 All Levels Teens	<b>AERIAL TEENS</b> 5.15 - 7.15pm max:16 Beginner Teens	<b>CIRCUS FIT</b> 5.15 - 6.15pm max:8 All levels Adult	<b>CHINESE POLE</b> 6.30-8.30pm max:8 All levels Adult	<b>TUMBLING BEGINNERS</b> 6.30-8.30pm max:16 Beginner Adult	<b>FLEXIBILITY &amp; HANDSTANDS</b> 6.30-8.30pm max:10 All levels Adult	<b>AERIAL ASSORTMENT</b> 6.30-8.30pm max:16 Intermediate /Advanced Adult
<b>TUESDAY</b>	<b>TEEN ACCELERATED CIRCUS</b> 5.30 - 8.00pm max:16 Intermediate /Advanced Teens	<b>TUMBLING INTERMEDIATE</b> 6.30 - 8.30pm max:16 Intermediate Adult	<b>TISSU</b> 6.00 - 7.30pm max:16 Beginner PLUS Adult	<b>AERIAL PREPARATION</b> 6.30 - 8.00pm max:16 Beginner Adult	<b>AERIAL COMPOSITION AND ACT CREATION</b> 6.30-8.30pm max:8 All Levels Adult	<b>*NEW TIME, STRAPS</b> 6.30 - 8.00pm max:6 Begin/Inter Adult	<b>TISSU</b> 7.30 - 9.00pm max:16 Intermediate Adult	<b>STATIC TRAPEZE</b> 8.00-9.00pm max:8 Beginner PLUS
<b>WEDNESDAY</b>	<b>NICAmites</b> 5.15 - 6.45pm max:16 Streamed Kids 5-7 yrs	<b>NICAjets</b> 5.15 - 6.45pm max:32 Streamed Kids 7-12 yrs	<b>SUPERjets</b> 5.15pm - 6.45pm max:16 Intermediate Kids 10-12 yrs	<b>ADVANCED AERIAL TEENS</b> 5.15 - 7.15pm max:8 Inter/Adv Teens	<b>TEEN TRAMPOLINE</b> 5.15 - 7.15pm max: 8 All Levels Teens	<b>AERIAL ROPE &amp; HANDBALANCING</b> 6.30-8.30pm max:8 Begin/Inter Adult	<b>AERIAL ASSORTMENT</b> 6.30-8.30pm max:16 Beginner PLUS Adult	<b>TRAMPOLINE</b> 7.15 - 9.15pm max:8 All Levels Adult
<b>THURSDAY</b>	<b>NICAbumper, TRAMPOLINE &amp; TUMBLING</b> 5.15 - 6.45pm max:16 All Levels Kids 7-12 yrs	<b>CIRCUS FIT</b> 5.15 - 6.15pm max:8 All levels Adult	<b>TEEN TUMBLING &amp; ACROBATICS</b> 5.30 - 8.00pm max:16 Intermediate Teens	<b>TISSU</b> 6.30 - 8.30pm max:16 Intermediate Adult	<b>AERIAL HOOP</b> 6.30 - 8.30pm max:8 Begin/Inter Adult	<b>HANDBALANCING &amp; CONDITIONING</b> 7.30 - 8.30pm max:8 All Levels Adult	<p><b>Birthday Parties at NICA</b> are a fun and active way to celebrate your child's birthday! NICA offers birthday parties for kids aged 5 years and up. Includes your choice of 3 circus activities. Contact the Short Courses office for more information.</p>	
<b>SATURDAY</b>	<b>NICAmites</b> 9.00 - 10.30am max:32 Streamed Kids 5-7 yrs	<b>NICAjets</b> 9.00 - 11.00am max:32 Streamed Kids 7-12 yrs	<b>SUPERjets</b> 9.00 - 11.00am max:16 Intermediate Kids 10-12 yrs	<b>AERIAL HOOP</b> 9.30 - 11.00am max:8 Beg/Inter Adult	<b>CIRCUSTEENS</b> 11.00am-1.00pm max: 16 Streamed Teens	<b>TISSU</b> 11.00am - 12.30pm max:8 Intermediate Adult	<b>FLEXIBILITY &amp; HANDSTANDS</b> 1.00-3.00pm max:10 All levels Adult	<p><b>Private Tuition</b> is great for those looking to train in disciplines that aren't covered by short courses, or wanting to boost skills to the next level.</p>

NB: PLACES ARE LIMITED AND CLASSES WILL ONLY RUN IF THERE ARE SUFFICIENT ENROLMENTS

LEGEND	Kids	Teens - Beg/All levels	Teens - Inter/Adv	Adult - ground	Adult - aerial
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