

Term 1 Timetable 2020

NICA SHORT COURSES

Tuesday 28 January to Saturday 28 March



Weekday Evening & Saturday Classes

MONDAY 7 weeks	TUESDAY 9 weeks	WEDNESDAY 9 weeks	THURSDAY 9 weeks	SATURDAY 8/9 weeks
NICAjets Kids 7-12 yrs ∞ All levels 5.00 - 6.30pm	TEEN CIRCUS DYNAMICS^o Teen ∞ Int/Adv 5.30 - 8.00pm	NICAmites Kids 5 & 6 yrs ∞ All levels 5.15 - 6.30pm	NICAbumper Kids 7-12 yrs ∞ All levels 5.15 - 6.45pm	NICAmites Kids 5-7 yrs ∞ All levels 9.00 - 10.30am
CIRCUS FIT Adult ∞ All levels 5.15 - 6.15pm	TISSU Adult ∞ Beginner+ 6.00 - 7.30pm	NICAjets Kids 7-12 yrs ∞ All levels 5.15 - 6.45pm	TEEN TUMBLING & ACROBATICS^o Teen ∞ Intermediate 5.30 - 8.00pm	FAMILY TIME! Adult & Child ∞ All levels 10.45 - 11.15am
CIRCUSTEENS Teen ∞ All levels 5.15 - 7.15pm	TUMBLING Adult ∞ Intermed 6.30 - 8.30pm	SUPERjets Kids 10-12 yrs ∞ Int 5.15 - 6.45pm	ROPE Adult ∞ Beg/Int 6.00 - 7.30pm	NICAjets Kids 7-12 yrs ∞ All levels 9.00 - 11.00am
AERIAL TEENS Teen ∞ Beginner 5.15 - 7.15pm	AERIAL PREPARATION Adult ∞ Beginner 6.30 - 8.00pm	INTRO TO CIRCUS Adult ∞ All levels 5.15 - 6.15pm 5 Feb - 26 Feb	TISSU Adult ∞ Intermediate 6.30 - 8.30pm	SUPERjets Kids 10-12 yrs ∞ Int 9.00 - 11.00am
CHINESE POLE Adult ∞ All levels 6.30 - 8.30pm	AERIAL COMPOSITION & ACT CREATION Adult ∞ All levels 6.30 - 8.30pm	AERIAL TEENS Teen ∞ Int/Adv 5.15 - 7.15pm	AERIAL HOOP Adult ∞ Beg+ 6.30 - 8.30pm	AERIAL EXTENSION Kids 7-12 yrs ∞ Int 11.15 - 12.15am
TUMBLING Adult ∞ Beginner 6.30 - 8.30pm	TISSU Adult ∞ Intermediate 7.30 - 9.00pm	TEEN TRAMPOLINE Teen ∞ All levels 5.15 - 6.45pm	STRAPS Adult ∞ Beg/Int 7.00 - 8.30pm 30 Jan to 27 Feb	AERIAL HOOP Adult ∞ Intermediate 9.30 - 11am No class 21 Mar
STRENGTH & FLEXIBILITY Adult ∞ All levels 6.30 - 8.30pm	STATIC TRAPEZE Adult ∞ Beginner 8.00 - 9.00pm 30 Jan - 27 Feb	AERIAL ASSORTMENT Adult ∞ Beginner+ 6.30 - 8.30pm	CORE STRENGTH & HANDBALANCING Adult ∞ All levels 7.30 - 8.30pm 30 Jan - 27 Feb	TISSU Adult ∞ Intermediate 11.00 - 12.30pm No class 21 Mar
AERIAL ASSORT. Adult ∞ Int/Adv 6.30 - 8.30pm		TRAMPOLINE Adult ∞ All levels 6.45 - 8.45pm		CIRCUSTEENS Teen ∞ All levels 11.00 - 1.00pm
				FLYING TRAPEZE Teen 15+/Adults ∞ Beginner 12.15 - 1.45pm No class 21 Mar
				STRENGTH & FLEXIBILITY Adult ∞ All levels 1.00 - 2.30pm
				ACRO FOR DANCERS 10-14 yrs ∞ Beg+/Int 1.30 - 3.00pm
				FLYING TRAPEZE Teen 15+/Adults ∞ Beg+/Int 2.00 - 3.30pm No class 21 Mar

BIRTHDAY PARTIES

Saturdays

11.00 - 1.00pm &
1.30 - 3.30pm



LEVEL GUIDE

Beginner Complete newbie

Beginner + Moving on from being a newbie

Beginner/Intermediate Know the basics, doing more tricky stuff

Intermediate Getting fancy with your tricks

Intermediate/Advanced Linking tricks & making acts

LEGEND:

Kids	Teens - Int/Adv	Adult - aerial
Teens - Beg/All levels	Adult - ground	^o Accelerated Teens classes

Flying Trapeze - Teens & Adults

Other services at NICA

Private Tuition at NICA

Private tuition is great for those looking to train in disciplines that aren't covered by short courses, or wanting to boost skills to the next level.

Birthday Parties

Parties at NICA are a fun and active way to celebrate your child's birthday! NICA offers 2 hour birthday parties for kids aged 5 years and up on Saturdays during term and on weekdays during school holidays. Includes your choice of 3 circus activities and party time.

School Holiday Program

Keep the kids entertained each school holidays with our programs for children aged from 5 to 17, including daily 3 hour and Day at the Circus workshops for the 5-12 year olds.

Adult Come & Try Circus Day

Held four times a year during school holidays and in the lead up to each new term, this is an opportunity for adult beginners (aged 16+) to try a variety of special one hour classes designed to give you a taste for circus.

Workshops

Share the fun, risk and comradeship of circus in a customised workshop for your group, organisation or school. Workshops can be held either at NICA or at a venue of your choice.

Venue Hire

NICA has three spaces available for small event venue hire which are commonly used for events such as private classes, VIP cocktail parties, birthday celebrations, auditions, photo and film shoots.

Please refer to our website for more information regarding term classes, School Holiday Programs and Come & Try Circus Day.

For all other enquiries, please contact the Short Courses office.

**NB. CLASS PLACES ARE LIMITED AND CLASSES WILL ONLY RUN IF
THERE ARE SUFFICIENT ENROLMENTS**