

Put your team through the hoops

Circus training helps to develop confidence, trust in others, leadership and non-verbal communication. And at The National Institute of Circus Arts (NICA) we boast state-of-the-art facilities and some of the world's best trainers in contemporary circus who specialise in tailor-made corporate workshops.

A combination of circus skills, drama style games and trust exercises blend to challenge and reward participants, dissolving company hierarchy and uniting the team to achieve a common goal.

- Enhance team trust
- Leadership skills
- Communication
- Resolve team conflict
- Problem solving skills
- Confidence & esteem building
- Fitness
- Fun

Share the fun, risk and comradeship of circus and see the results in your workplace. Training can take place at NICA or at a venue of your choice.

Workshops At NICA

There are no physical prerequisites to participate in the NICA Corporate Workshops, activities are challenging but achievable. But when you book a workshop on site you can take advantage of NICA's custom-built aerial and ground-based circus facilities, including aeriels and tight wire. NICA will develop a workshop structure and program to suit your staff, company requirements and budget.

Workplace Workshops

For your convenience, NICA's trainers can deliver workshops at your workplace or a venue of your choice such as conference centre or outdoor event. Our offsite workshops include juggling, plate spinning, hula hoops, basic partner balancing and group-based activities.