



Audition Pack

Bachelor of Circus Arts
Certificate IV in Circus Arts

PREVIEW ONLY

BACHELOR OF CIRCUS ARTS
CERTIFICATE IV IN CIRCUS ARTS

NOTICE OF TRANSITION

Bachelor of Circus Arts
Certificate IV in Circus Arts

We are delighted to announce that NICA will be joining Collarts

One of Australia's leading creative arts schools. This transition marks an exciting new chapter for NICA, ensuring its legacy and long-term sustainability.

Collarts (www.collarts.edu.au) is one of Australia's leading creative arts schools and is a logical home for NICA as we continue our journey educating the next generation of circus performers.

Over the past year, Swinburne University of Technology has worked closely with NICA and the Australian Government to find the best possible solution for NICA's future. We are thrilled to have secured a permanent home for NICA with Collarts, pending formal completion of the transfer.

After completing and returning this audition pack, NICA will be in touch about next steps, including the course transition plan.

NICA ED - AUDITION PACK



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You're invited to audition at NICA

Thank you for applying to study at the National Institute of Circus Arts (NICA).

We are thrilled to formally invite you to audition for a place in one of our programs.

What now?

This Audition Pack gives you instructions on how to prepare for your audition, as well as all the necessary forms you will need to complete and return to us.

We understand this process can be a little overwhelming – don't worry, we're here to help! If you have any queries about anything in this document, the audition process or NICA in general, please do not hesitate to contact us at [**auditions@nica.com.au**](mailto:auditions@nica.com.au)

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IMPORTANT INFORMATION

Which kind of audition is right for you?

We strongly recommend attending NICA in person to audition for a place in the Certificate IV in Circus Arts or the Bachelor of Circus Arts.

Attending in person gives you a chance to see the facilities, have time with teaching staff to extend your skills and meet the students you may be studying with in the future. It also gives the panel an opportunity to see your full potential, how you work with others and how adaptable your skills are across a range of audition activities.

However, we understand that for applicants living overseas or interstate it may not be possible to audition in Melbourne, so we also offer the opportunity to complete a video audition.

Option 1: In Person Audition

The in-person audition is a **two-day** commitment.

DAY 1 - Circus Skills, Flexibility, Handstands, Tumbling, Coordination, Strength & Fitness, Movement, Performance Skills

DAY 2 - Interviews, Physio Assessments, Specialty Circus Acts, Drama Task.

Auditions will be held in Melbourne at NICA's purpose built facilities, 35 -39 Green Street, Prahran, 3181.

Option 2: Video Audition

If you cannot attend in person, you can make a video audition, upload it to Youtube and send us the link: **auditions@nica.com.au**

If you intend to send a Video Audition it is essential that you follow the prescribed format in the Audition Guide in the following pages.

IMPORTANT INFORMATION

What are the important dates?

AUDITION PACKS

Due back by Monday 9 September 2024 for both in-person and video auditions.

IN-PERSON AUDITIONS

Monday 23 and Tuesday 24 September, 8.30am - 4.30pm

OR

Wednesday 25 and Thursday 26 September, 8.30am - 4.30pm

OR

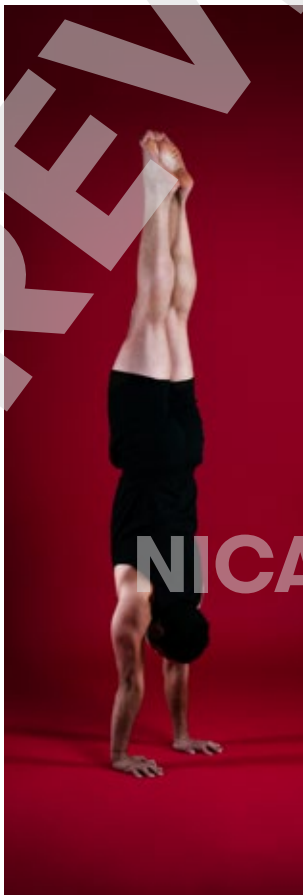
VIDEO AUDITION

Video Audition due Monday 23 September, 5.00pm

SEMESTER START DATES

Certificate IV orientation and course start: December 2024.

Bachelor Degree orientation and course start: January 2025.



How much does it cost to audition?

There is a one-off administration fee of **\$50.00 to audition.**

Please follow the [link](#) to book your preferred Audition dates and pay your fees.



IMPORTANT INFORMATION

What documentation will I need?

1. Specialty Performance Outline Form

As part of your audition you will need to prepare a 3 minute performance piece. Enclosed in this pack is the Performance Outline form which you will need to complete for the Audition Panel to explain your creative process.

It is an expectation that, if NICA deem appropriate, the specialty act you audition with will be one of the specialties you will continue to refine during your time at NICA. Thus, it is important that you take the time to research all aspects of the chosen specialty, equipment, safety, tourability, costs and space requirements before preparing your audition act.

Here is a specialty online resource to begin your research: [Stagelync.com](https://www.stagelync.com)

2. Drama Performance Task

Performed either in-person at the audition, or recorded as part of the video audition pack, this task requires you to tell a two-minute story about someone that you admire.

3. Trainer Reference

NICA will also request you provide a short summary of your research, past training, why are you passionate and believe you are suitable to continue training in the specialty area. It is also a good idea for applicants to provide a reference from their trainer advocating their specialty choice. If successful, the NICA training team will assist students throughout the specialties tryout process, to ensure appropriate second specialty and ensemble act are assigned.

4. Medical Forms

In addition to preparing for your audition, we suggest you also invest some time in making medical appointments early to ensure you can meet the Audition Pack submission deadline. Collecting the medical information can take some time and must be signed off by a medical practitioner.

NICA ED - AUDITION PACK



IMPORTANT INFORMATION

Inherent Requirements of the Circus Programs at NICA.

The Certificate IV in Circus Arts and the Bachelor of Circus Arts programs are high performance programs that require a minimum 35 hours per week of rigorous physical training on top of the research and written components of the course. Applicants need to be strong, healthy, and physically fit. Applicants also need to meet the pre-requisite educational requirements of the course.

Students need to be able to support their own weight and the weight of others, participate in formal individual and group performances, undertake work integrated learning modules in industry and develop one specialty in Certificate IV in Circus Arts or two specialties in Bachelor of Circus Arts. Circus is a discipline that requires trust and respect and the ability to work cooperatively with others.

Health management is a risk mitigation requirement at NICA. It helps to avoid serious injury to program participants and establish safe and sustainable practices. Students are provided with personalised training plans and general dietary advice to minimise injury. This regime is in line with industry best practice for a circus professional to build skill and maintain health and fitness to avoid injury. NICA has a medical team which includes a GP doctor, physiotherapists and strength and conditioning coaches for your support and wellbeing.

Current and past injuries, disabilities or conditions that may affect your ability to train and perform (solo or with others) must be disclosed and actively managed for the safety of everyone. NICA will not discriminate or exclude suitably skilled applicants from the course due to injury, disability, or medical condition unless the applicant has known limitations that would be expected to impede their progression and completion* or that would pose a risk to the safety of themselves, or others. NICA will discuss with you any adaptations, aids, supports, strategies and accessibility requirements you may have.

NICA reserves the right to make adjustments to your training and adapt or decline your choice of specialty based on both your physical capacity and artistic skill. Safety of students will always be a primary consideration.

NICA is an inclusive place of learning and will consult with students about reasonable adjustments that are in line with the inherent requirements of the program, providing these adjustments are suitable to the individual, the organisation and the safety of others. Any adjustments will maintain the academic requirements of the course or program, and other requirements or components that are inherent in or essential to its nature.**

NICA advises that you consider disclosing any requirements you may have to your class colleagues in the interests of safety and in breaking down preconceptions and stereotypes.

*Higher Education Standards Framework (Threshold Standards) 20151.1.1

** Disability Standards for Education 2005 s3.4



THE AUDITION PROCESS

What can I expect?

It is strongly recommended that you attend an audition in person. The audition panel will also be looking for ensemble and teamwork attributes, articulate and passionate responses when describing your creative approach and ability to incorporate and apply knowledge and feedback to physical movement. Auditions via online video footage are accepted for international, interstate and geographically remote applicants.

- We want to know about your discipline/s (Circus, Gymnastics, Dance, Tricking, Parkour)
- We want to see your foundation specialty skills
- We want to assess your physical capacity for circus arts
- We want to assess your strength, flexibility and coordination
- We want to see your performance and creative work
- We want to hear about your journey to date and your future ambitions
- We will assess and discuss pre-existing injuries and injury management

The audition will involve:

- Performance and physical theatre workshop
- Movement and choreography workshop
- Physical testing and assessments including areas of strength, coordination, balance, and flexibility
- Circus skills and acrobatics workshop
- Physiotherapy screening
- Entry interview
- Specialty circus act
- Drama performance task

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THE AUDITION PROCESS

How Can I Prepare?

There are a number of things you can do to give yourself the best chance of success.

Watch the Audition Skills Video on NICA's YouTube and practice using our Video Audition Guide in the following pages. Don't be alarmed if you can't perform all these skills yet, we are looking for your potential as a circus performer.

Sign up to our [Inside Track Newsletter](#) to be notified of our NICA Audition Masterclass and get inside tips on the audition process.

PRO TIP: Attend the NICA Audition Masterclass

The NICA Audition Masterclass is a one-day intensive workshop designed to assist all applicants of various skill and experience levels in 'what' and 'how' to prepare for the NICA auditions.

The 2024 Audition Masterclasses will be held on 22 June at 35-39 Green Street, Prahran.

The program includes:

- Performance and dance workshops.
- Circus training (including handstands, flexibility, tumbling, strength, manipulation).
- Information about auditions, facilities, and student life at NICA.

This masterclass prepares you for your NICA Audition to give you the best chance of acceptance.

The masterclass is ideal for you to get feedback on your progress and what areas you might need to work on to increase your chances of being accepted into the Institute.

If you have previous experience, this is an opportunity to polish your application with inside knowledge, and ensure you are putting your best foot forward prior to audition.



THE AUDITION PROCESS

When, where and how can I audition?

Auditions will take place from Monday 23 September to Thursday 26 September, 2024. NICA holds auditions at our purpose built facilities in Prahran, Melbourne.

How it Works

- Apply to Swinburne University of Technology via course search page.
- You will receive an Invitation to Audition and the Audition Pack.
- Complete and return the forms in the Audition Pack by Monday 9 September 2024.
- Select your preferred audition dates and pay using the link on Page 3 (Important Information).
- We will confirm the date and time of your audition via email.
- We strongly recommend that you attend an audition in-person if possible, however you will not be disadvantaged if you choose to audition by video.
- Watch the [Audition Skills Video](#) on NICA's YouTube and practice using our Video Audition Guide in the following pages.
- If you are submitting a Video Audition, make sure you read the Video Audition Guide and follow the instructions, in the correct order of skills.
- If you are attending an in-person audition, you can use the Video Audition Guide to understand what to expect at your audition.
- You do not need to prepare a video audition if you are scheduled to attend an in-person audition.

Please Note

Please do NOT attend your audition in-person if you have been instructed to quarantine by the Department of Health, or if you are unwell or are experiencing any symptoms of COVID-19.

Please contact auditions@nica.com.au as soon as you are aware you may not be able to attend to arrange an alternative. You will not be at a disadvantage if you must cancel at short notice for health and safety reasons.



THE AUDITION PROCESS

Demonstration Video

View the NICA Audition Skills Video that explains the requirements [here](#).

Please pay close attention to the skills to be demonstrated and perform them exactly as stipulated below, and in the set order. If you are unfamiliar with a skill or don't have a safe place in which to film the skill, please leave that skill out and continue to the next listed skill.

Try to attempt as many of the individual skills as you can, but always consider safety first. We want to see what you do in your everyday training practice. We understand everyone is at a different level, so please do not attempt anything you have not trained in before or that could be unsafe. If you can't perform the skill exactly as described, do the best that you can.

Putting it all Together

You will also need to demonstrate skills in movement and dance improvisation to the following [music link](#).

You will need to demonstrate an aptitude for learning set choreography. Please use the following [set choreography link](#).

As part of your audition, you will need to prepare a short 3 minute physical performance.

If you are submitting a video audition, please prepare your video according to the Video Audition Guide.

To submit your video audition, please publish your audition as one video to YouTube and include a link to the video when you return these forms. Your link must be public to be viewed by the panel.

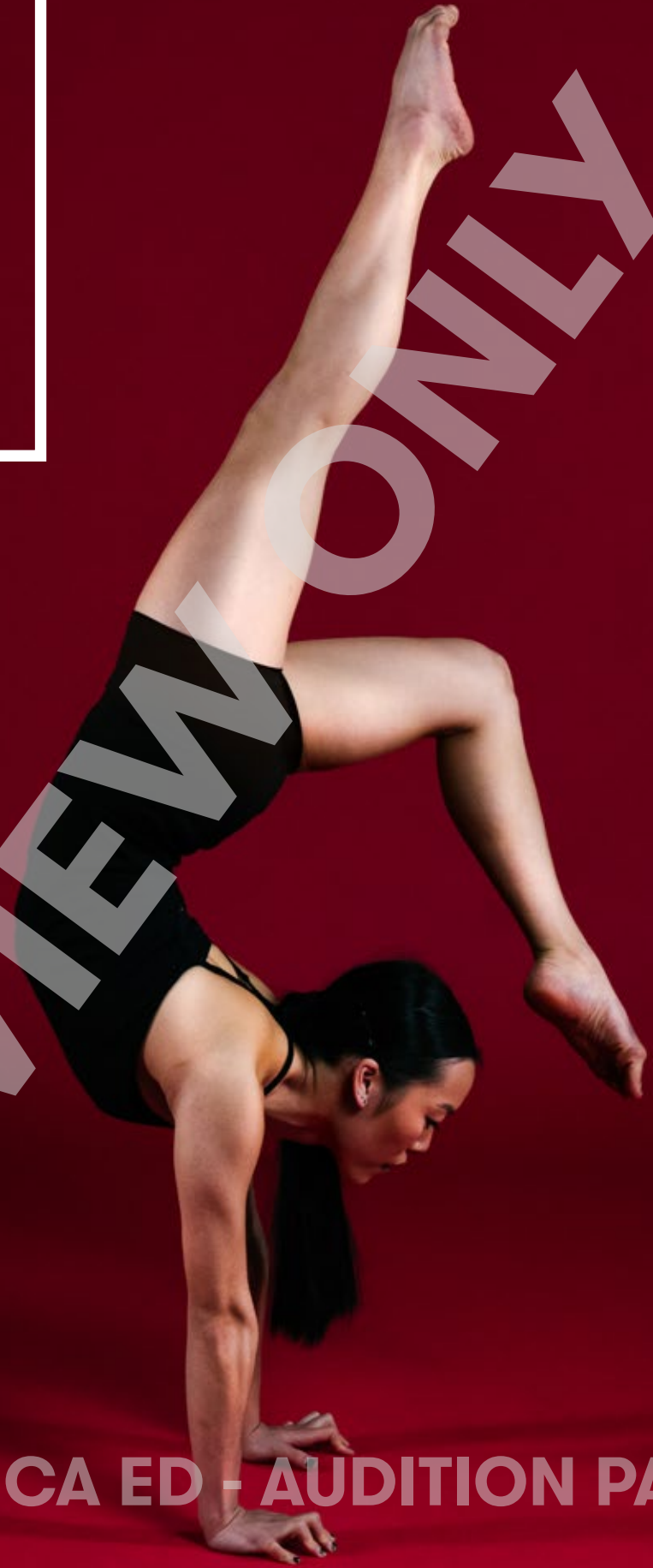
If you need assistance with any technical aspects of preparing the video audition such as editing or publishing online, please get in touch with NICA at auditions@nica.com.au

**Video
Audition
Guide**

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THE VIDEO AUDITION GUIDE

How to make an Video Audition

Applicants must wear close-fitting training clothes and bare feet while demonstrating skills for the video. We recommend bike shorts and a crop top, singlet top or leotard. This requirement assists us in making a musculo-skeletal assessment.

Each application will be assessed on individual merit. As a guide, applicants should demonstrate a general level of competency in three of the following areas, and a high level of competency in at least one area.


If you are completing a Video Audition, the audition panel will contact you for an online video interview after they have viewed your audition.

 Introduction	Relax, be yourself and keep it simple. Please keep this to under 2 minutes.	While facing the camera, please give an introduction summarising the following: <ul style="list-style-type: none">• Your name• Where you are from• Past training• What your speciality act is and why• Why you want to come and train at NICA
---	---	--

Basic Skill

Individual Skill

Requirements

 Posture and Alignment	Scapula + Shoulder Tracking	Slowly raise both arms to front as high as possible, raise both arms to side as high as possible. For this section we want to see the movement of your scapula so we recommend wearing a racer back bra or singlet. Camera front view and back view.
	Knees + Ankle Alignment	Arms out forward. Feet hip-width apart. Squat down to floor and stand up. Controlled raise and lower for 5 seconds each. Camera side on.



Flexibility

Three Way Splits
Left, Right, Centre

Left leg forward, keep hips square, hold for 10 seconds. Right leg forward, keep hips square, hold for 10 seconds.

Side-on to the camera.

Centre splits, hold for 10 seconds.

Facing the camera.

Sit and Reach
Pike Stretch and
Pancake

Fold forward, extending hands towards or beyond flexed feet. Legs straddle at 90 degrees and fold forward, extending hands in front.

Side-on to the camera.

Back Bend
(Back Bridge)

Go into back bridge from standing. Alternatively, lie on your back and push up into back bridge. Keeping heels on the floor walk feet as close as possible to hands. Hold for 10 seconds.

Side-on to the camera.



HAND-BALANCING

Free Handstand
x 60 seconds

Hold for up to 1 minute in a straight position.

Side-on to the camera.

Tuck Jump to
Handstand x10

Tuck jump to handstand, hold for 2 seconds then lower. Repeat 10× leaving hands on the floor throughout movement.

Side-on to the camera.

Straddle Jump
to Handstand x5

Straddle jump to handstand, hold for 2 seconds then lower. Repeat 5× leaving hands on the floor throughout movement.

Side-on to the camera.

Continued on Next Page



HAND-BALANCING

Straddle Press
up to Handstand
x 5

Straddle press to handstand, hold for 2 seconds and then slowly lower feet back to floor. Repeat 5× leaving hands on floor throughout movement.

Attempt to start with feet together and lift into straddle handstand position slowly without any jump.

Camera facing your back.

L-Hold between
two benches or
chairs

Arms straight, legs straight, heels above hips.
Hold for 30 seconds.

Side-on to the camera.

Handstand
against the Wall
x 90 seconds

Straight handstand with stomach against the wall. Aim to hold the position for 90 seconds.

Camera facing the wall.



Tumbling

Handstand
Forward Roll

4× kick to handstand forward roll, tuck to handstand forward roll, straddle to handstand forward roll, pike to handstand forward roll.

Camera facing side on to the mat.

Continuous
Cartwheels

3× cartwheels and finish side on to camera.
Hold the finishing position for 3 seconds.

Camera facing side on to the mat.

Round Off

Round Off from standing or running with rebound. Hold finish position for 3 seconds.

Camera facing side on to the mat. This skill is not in the video demo.

Handspring

Running handspring, landing on 2 feet. Hold standing finish for 2 seconds.

Side-on to the camera.

Continued on Next Page



Tumbling

Standing back flip
(back handspring)
x 3 continuously

Standing start on hard or sprung floor. Keep feet together. Hold standing landing for 2 seconds.

Side-on to the camera.

Standing back sault

Standing start on hard or sprung floor. Additionally you can demonstrate a standing pike sault or a standing full twist.

Side-on to the camera.



Tumbling Extra Skills

Demonstrate a routine of your three best tumbling skills, not already presented, for the panel.

Side-on to the camera.

- Back Roll Handstand
- Standing Dive Roll
- Running Dive Roll
- Forward Walk Overs
- Back Walk Overs
- Head Spring
- Aerial Cartwheel
- Side Sault
- Front Sault
- Cartwheel Front Sault
- Round off Back Flip
- Round off Flip, Sault
- Round off Full Twist



Strength and Conditioning

Rope Climb
x 6 metres

Start sitting on the floor. Using just your arms (no legs) straddle up and down. Climb as high as you can. Alternatively, climb up using arms and legs and descend in straddle position just using arms, to sit on floor.

Facing the camera.

Leg Lift x 10

Use wall bar, high bar or trapeze.

From hanging position, lift straight legs as high as possible – aiming for toes to bar. Repeat 10 times.

Side-on to the camera.

Continued on Next Page



Strength and Conditioning

Pistol Squats x 5

One leg squat from standing, other leg held out straight. Attempt to squat down as low as possible and stand back up. Try to leave standing leg heel on floor. Repeat 5× each leg.

Side-on to the camera.

Chin-Ups x 10

Hands in overhand grip (palms facing away from face), not reverse or underhand grip. Do as many controlled chin-ups as you can. Take your time, chin above the bar, and come down to fully straight arms.

Facing the camera. Show full body shot.

Push Ups x 20

Keep elbows in and knees off floor. Maintain good form.

Side-on to the camera.



Coordination

Juggling
Balls or Clubs

Demonstrate juggling 3 or more balls or clubs with a minimum of 15 catches. Also incorporate a variety of patterns and tricks, if able (reverse cascade, flourishes, back crosses.)

Facing the camera.

Stick Balance
x 10 seconds

Demonstrate balancing of a stick on various parts of your body (hand, elbow, forehead, foot) for a minimum of 10 seconds. The stick should be approximately 50cm in length, (broomstick or staff).

Facing the camera.

Continued on Next Page



Coordination

Fit Ball balance
x 30 seconds

Demonstrate ability to get to standing and balance on a fit ball for up to 30 seconds. Aim to be standing up straight. Alternatives include kneeling or sitting. You are advised to use a spotter for safety for this activity.

Facing the camera.

Hula Hoops

Sustained around waist. If possible move up body to hand. Aim to continue for 60 seconds.

Facing the camera.

Partner Balance
(Acrobalance)

Demonstrate a 10 second thigh stand both as base and as flyer.

Facing the camera.



Dance + Movement

Improvisation

Demonstrate any skills you have in dance and/or movement through presenting an improvised dance to the music link on page 8. Try to use the whole track 2 mins 30 sec.

You can draw on any dance training you have had, or you can just creatively explore various ways of moving through space using changes in rhythm, speed, direction and levels.

Wide camera. Full body shot.

Choreography

We would also like to see how well you pick up set choreography. Please look at the following video and record yourself undertaking the same movement patterns. Show how you can transfer weight through jumping, turning and changing body shape.

Please use the following [set choreography link](#).

Wide camera. Full body shot.



Party Tricks

If you have any other unique skills or party tricks, please share them with us. This could include playing a musical instrument, singing, magic tricks, etc.

Please keep this under 2 minutes.

Wide camera. Full body shot.



Circus Act Performance

Create and present a short physical performance. Please keep this under 3 minutes.

Incorporate any performance and/or acrobatic skills you would like to showcase to the panel. This can include dance, martial arts, drama, live music, puppetry, clowning and circus skills.

Please showcase the specialty skill you intend to pursue at NICA. It is an expectation that, if NICA deem appropriate, the specialty act you audition with will be one of the specialties you will continue to refine during your time at NICA. Thus, it is important that you take the time to research all aspects of the chosen specialty, equipment, safety, tourability, costs and space requirements before preparing your audition act.

Wide camera. Full body shot.



Drama Performance Task

Relax, and be as genuine as possible.

Please keep this to approx. 2 minutes.

While facing the camera, please tell us a story of someone you admire, using the following prompts:

- Who are they and what's their relationship to you?
- How did you meet?
- When you think of them, what are the first things that come to your mind?
- What are the qualities you admire in them?
- Can you give us an example of these qualities in action?
- What does being connected to them bring out in you as a person?
- Give us a sense of why we should want to meet this person.
- When you are telling us this story, consider how your audience will hear it.

Further hints and technical requirements on the next page.



Drama Performance Task

Voice

Speak clearly, consider the tone you use, the volume, the type of language that will give us a true understanding of what this person means to you.

Eyes

When do you make eye contact with us (the audience) and when do you look away as you think about the subject?

Face

How do you make your face open as you share this story?

Gesture & Physical language

Is your body relaxed, alert, engaged as you tell this story?

Energy

How does energy ebb and flow as you talk to us?
Are there moments when you get really excited?
Are there moments when your energy is calmer?

Technical Requirements

- You can film yourself sitting or standing.
- Aim to film from the torso or chest up. The focus for this is upper body, face and gesture.
- Ensure the sound quality is clear and that you speak at a good volume.
- Look directly into the camera to tell your story. This doesn't mean that you can't look off as you recall things or imagine elements.
- Treat the camera as your audience - include and engage the audience.

**Audition
Forms**

NICA ED - AUDITION PACK

**BACHELOR OF CIRCUS ARTS
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PREVIEW ONLY



SPECIALTY & PERFORMANCE OUTLINE FORM

Full Name:

Preferred Pronouns:

Age:

Specialty:

Why did you choose this specialty?

Please include any apparatus requirements:
Eg. Rigging points, hula hoops, trampoline, silks etc.

Do you have any other specialties or specialty interests?

Please Note

It is an expectation that, if NICA deem appropriate, the specialty act you audition with will be one of the specialties you will continue to refine during your time at NICA. Thus, it is important that you take the time to research all aspects of the chosen specialty, equipment, safety, tourability, costs and space requirements before preparing your audition act.

Insert
Headshot
Here

If you have difficulty uploading an image, please label clearly and send via email instead, along with your completed Audition Pack.



SPECIALTY & PERFORMANCE OUTLINE FORM

Specialty Act Performance Title:

If you are not auditioning in-person, submit your video link by 23 September 2024.

Video Audition Link:

If you have difficulty, please email auditions@nica.com.au

Please discuss the content and ideas that inspired your act:

You could include things like;

- Ideas you are exploring and your personal response to them.
- Music you have chosen and how it relates to the piece.
- The background about how you developed any non-circus related skills and why you chose to include them.
- Any message or emotional response you are trying to evoke in the piece.

Maximum 200 Words

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MEDICAL INFORMATION FORM

This form must be completed by a Medical Practitioner

NICA is a high performance circus training institute. From time to time students may sustain injuries while training. As part of NICA's risk management protocols, NICA collects your medical information to assess and manage the risk of serious injury occurring during the course of your enrolment at NICA.

Your medical information is collected and stored in your confidential medical file. The information will only be used by NICA staff relevant to your course and will be kept strictly confidential. Failure to disclose your medical information, or providing incomplete medical details, has the potential to put you and other students at risk.

NICA is an inclusive organisation and will not discriminate against applicants due to injury, disability or medical condition unless the applicant has known limitations that would be expected to impede their progression or completion of their program of choice or put themselves or others at risk of serious injury.

The following questions should be completed by a General Practitioner or Physiotherapist who has known you for at least five years. If you have not known a single practitioner for at least five years, the practitioner who has known you for the longest period of time should complete the questions.

The responses must be provided on letterhead from the practitioner and attached to this application or completed on the application accompanied by a practitioner's stamp. The practitioner must complete each question. In cases of chronic illness/injury we may require further medical reports from relevant health specialists. Please include any medical reports, x-rays or MRIs undertaken in the last five years with your application.

1. When did the applicant first attend the practice?
2. How long have you known the applicant?
3. Has the applicant suffered any musculo-skeletal injuries in the last five years? Please list and describe. Disclosing an injury will not automatically exclude the applicant from entry to this course.



MEDICAL INFORMATION FORM

This form must be completed by a Medical Practitioner

4. Has the applicant required and received any treatment or surgery for any injuries or conditions in the last five years? Please list and describe.

5. Is the applicant currently suffering from any musculo-skeletal injuries? Please list and describe.

6. Do you believe there is any reason the applicant would not be able to withstand the physical rigours of 35 hours/week circus training for the next three years? Please describe.

7. What is the applicant's height and weight?

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Continued on Next Page

MEDICAL INFORMATION FORM

This form must be completed by a Medical Practitioner

8. Is there any history of the following?

Performance anxiety

Depression

Allergies

Eating disorders

Self-harm

Dependence on medication

Minor physical or psychological illness

Major physical or psychological illness

Describe Below

Describe Below

Other:

PRACTITIONER'S STAMP

Applications without
a stamp will not be
considered.

I authorise and consent to members of the NICA Medical Team contacting my treating practitioners for more information on my past or current medical conditions, as needed to manage these conditions in the NICA program. I understand that I can withdraw this consent at any time by written instruction to the NICA Medical Team.

Applicant Full Name:

Applicant Signature:

Date:

Doctor's Name:

Doctor's Signature:

Date:

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MUSCULO-SKELETAL FORM

This assessment and questionnaire must be completed by the applicant.

1. Previous injuries, when they happened and what, if any, treatment you received. (sprained ankles, muscle tears etc)

2. List any current injuries or treatment you are/were having before coming to NICA.

3. List any injuries or repetitive strains, sprains or pains that come on with over-training.



MUSCULO-SKELETAL FORM

This assessment and questionnaire must be completed by the applicant.

4. Are there any areas you think physiotherapy at NICA can help you with?
E.g. flexibility, core strength, balance etc.

5. Do you require any aids, adjustments or supports to undertake training or audition at NICA.



Reference from your Trainer

Trainer Name:

Trainer Contact Email:

Applicant Full Name:

Length of time you have trained the applicant:

Statement of endorsement:

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THE AUDITION CHECKLIST

Have you completed these steps?

Specialty and Performance Outline Form

Provide the YouTube link to your Video Audition (for Video Auditions only)

Medical Form (signed off by your practitioner)

Musculo-Skeletal questionnaire

Reference from your Trainer

Book and pay for your audition online

Contacting Us

For further information about the Bachelor of Circus Arts or Certificate IV in Circus Arts, please contact us at auditions@nica.com.au

Please include your Family Name, First Name and Swinburne Student ID (if you have one) in the email subject.

Street Address:

39-59 Green Street,
Prahran VIC 3181

NICA Hours:

Monday to Friday
9.00am to 5.00pm

Australian Eastern
Standard Time.

NICA Phone:

(03) 9214 6975

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