



NICA

National Institute of Circus Arts

2027 Audition
**Application
Guide**

AUDITION APPLICATION GUIDE

How to create the video application

The audition process requires all applicants to submit a video application. This include all auditionees planning to attend in-person, and those intending to video audition.

Your video submission should include content based on the categories below. It is important that the video is no longer than **6 minutes** and includes recent footage that accurately depicts your current capability. Please do not attempt skills you are not trained in.

Introduction 1 minute

Physio Screening 2 minutes

Sizzle Reel 3 minutes

Important: your video clips should follow the order of the list of categories below. This makes the audition team's job a lot easier.

The video should be edited with clean cuts between clips and no additional effects - we are looking for your circus skills not your editing ability. Whenever there is more than one person in frame (like a performance) add notation stating which person you are. Remember this may be the first time we are seeing you and it could be hard for us to pick you out in a crowd.

Applicants must wear close-fitting training clothes and bare feet while demonstrating skills.

We recommend bike shorts and a crop top, singlet top, unitard or leotard. This requirement assists us in making a musculo-skeletal assessment.

How to submit the video

Once you have created your video, please email it to us at auditions@nica.com.au or you can submit the link within the application form.

Accepted formats:

- Emailed video file
- YouTube link
- Vimeo link
- Google Drive link
- Dropbox link

NICA's audition panel will review the submission within approximately two weeks of receiving it. If successful, you will be sent an invitation to audition and the Audition Pack.

If you are having difficulty with the application process, please contact auditions@nica.com.au

Need a visual? Watch our application guide video

AUDITION APPLICATION GUIDE



Introduction

(1 minute)

Relax, be yourself and keep it simple.

While facing the camera, please give an introduction summarising the following:

- Your name
- Where you are from:
 - Location
 - School or affiliated training centre
- Past training
- Why do you want to train at NICA?

Skills Category

Individual Skill

Requirements



Posture and Alignment

(20 seconds)

Scapula
+
Shoulder
Tracking

Slowly raise both arms to front as high as possible, hold for 3 seconds.

Slowly raise both arms to side as high as possible, hold for 3 seconds.

For this section we want to see the movement of your scapula so we recommend wearing a racer back top or singlet.

Camera front, back and side view.

Knees
+
Ankle
Alignment

Jump from 30cm – 45cm raised surface to a flat landing surface with a controlled landing.

Single leg jump from 30cm – 45cm raised surface to a flat landing surface with a controlled landing.

Camera front and side view.



Flexibility

(15 seconds)

Splits Left + Right

Left leg forward, keep hips square, hold for 5 seconds.

Right leg forward, keep hips square, hold for 5 seconds.

If you can over-split with a block, please show this.

Side-on to the camera.

Centre Splits

Centre splits, hold for 5 seconds.

If you can over-split with a block, please show this.

Facing to the camera.

Skills Category

Individual Skill

Requirements



HAND-BALANCING

(60 seconds)

Free Handstand Hold

Straight body handstand, hold for 60 seconds.

Alternatively, if unable to hold for a minimum of 15 seconds, you can use a wall for balance.

For this section we want to see the muscles in your back, so we recommend wearing an open back or racer back style top or singlet.

Side-on to the camera.



Skills sizzle reel

(3 minute)

Edit together a sizzle reel of your best skills.

Present a range of skills that showcase you as an artist, and your physical abilities.

This could include, but isn't limited to:

- Specialty apparatus
- Ensemble performance
- Movement
- Circus abilities such as:
 - Tumbling
 - Manipulation
 - Flexibility
 - Handstands
- Extra skills
- Musical talent
- Party tricks
- Side-show skills
- Art
- Sports
- Dance
- Parkour
- Martial Arts

Need help? Reach out to us at auditions@nica.com.au



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