

TERM 4 - NICA SHORT COURSES 2018

MONDAY 8 OCTOBER to SATURDAY 15 DECEMBER

MONDAY	NICAjets 5.00 - 6.30pm max:24 Streamed Kids 7-12 yrs	CIRCUSTEENS 5.15 - 7.15pm max:8 Streamed Teens	AERIAL TEENS 5.15 - 7.15pm max:16 Beginner Teens	CIRCUS FIT 5.15 - 6.15pm max:8 All levels Adult	CHINESE POLE 6.30-8.30pm max:8 All levels Adult	TUMBLING BEGINNERS 6.30-8.30pm max:16 Beginner Adult	FLEXIBILITY & HANDSTANDS 6.30-8.30pm max:10 All levels Adult	AERIAL ASSORTMENT 6.30-8.30pm max:16 Intermediate /Advanced Adult
TUESDAY	TEEN ACCELERATED CIRCUS 5.30 - 8.00pm max:16 Intermediate /Advanced Teens	TUMBLING INTERMEDIATE 6.30 - 8.30pm max:16 Intermediate Adult	AERIAL PREPARATION 6.30 - 8.30pm max:16 Beginner Adult	TISSU 6.30 - 8.30pm max:8 Beginner PLUS Adult	STRAPS 6.00 - 7.30pm max:6 Begin/Inter Adult	STRAPS CONDITIONING 7.30 - 8.30pm max:6 Beginner Adult	Birthday Parties at NICA are a fun and active way to celebrate your child's birthday! NICA offers birthday parties for kids aged 5 years and up. Includes your choice of 3 circus activities. Contact the Short Courses office for more information.	
WEDNESDAY	NICAmites 5.15 - 6.45pm max:16 Streamed Kids 5-7 yrs	NICAjets 5.15 - 6.45pm max: 24 Streamed Kids 7-12 yrs	SUPERjets 5.15PM - 6.45pm max:16 Intermediate Kids 10-12 yrs	ADVANCED AERIAL TEENS 5.15 - 7.15pm max:8 Inter/Adv Teens	TEEN TRAMPOLINE 6 weeks only 10/10-21/11 5.15 - 7.15pm max: 8 All Levels Teens	AERIAL ASSORTMENT 6.30-8.30pm max:8 Beginner PLUS Adult	AERIAL ROPE & HANDBALANCING 6.30-8.30pm max:8 Begin/Inter Adult	TRAMPOLINE 6 weeks only 10/10-21/11 7.15 - 9.15pm max:8 All Levels Adult
THURSDAY	NICAbumper, TRAMPOLINE & TUMBLING 5.15 - 7.15pm max:16 All Levels Kids 7-12 yrs	TEEN TUMBLING & ACROBATICS 5.30 - 8.00pm max:16 Intermediate Teens	CIRCUS FIT 5.15 - 6.15pm max:8 All levels Adult	BALANCE & MANIPULATION 5 weeks 11/10 to 15/11 6.00 - 7.00pm max:8 All Levels Adult	AERIAL HOOP 6.30 - 8.30pm max:8 Beginner PLUS Adult	TISSU 6.30 - 8.30pm max:16 Intermediate Adult	HANDBALANCING & CONDITIONING 7.30 - 8.30pm max:8 All Levels Adult	HULA HOOP 5 weeks 11/10 to 15/11 7.15 - 8.15pm max:8 All Levels Adult
SATURDAY	NICAmites 9.00 - 10.30am max:32 Streamed Kids 5-7 yrs	NICAjets 9.00 - 11.00am max:32 Streamed Kids 7-12 yrs	SUPERjets 9.00 - 11.00am max:16 Intermediate Kids 10-12 yrs	AERIAL HOOP 9.30 - 11.00am max:8 Beg/Inter Adult	CIRCUSTEENS 11.00am-1.00pm max: 16 Streamed Teens	TISSU 11.00am - 12.30pm max:8 Intermediate Adult	FLEXIBILITY & HANDSTANDS 1.00-3.00pm max:10 All levels Adult	Youth Circus Finale Save the date - Saturday 15 December! Kids and teens classes will be performing their skills showcase at the National Circus Centre.

NB: PLACES ARE LIMITED AND CLASSES WILL ONLY RUN IF THERE ARE SUFFICIENT ENROLMENTS