

Who can learn circus at NICA?

Combining the best aspects of sport and art, circus at NICA will improve fitness, coordination, strength and flexibility, while building confidence in a fun and supportive environment. And at NICA you can choose from a huge variety of classes designed for beginners through to advanced participants.

When are classes held?

Classes are term-based and held after school/business hours and on Saturday mornings. They range from general circus to specific skills, and are designed for all ages, body types, skill and fitness levels.

Children 5-12 yrs Teenagers 12-17 yrs Adults

What will I learn?

Learn the basics or specialise in any number of aerial and ground-based skills including tissu, hula hoops, juggling, trampolining, tumbling and acrobalance.

Who are the trainers?

NICA's recreational courses are taught by experienced trainers and industry professionals in Australia's best custom-built circus training facilities. A 1:8 trainer/student ratio ensures the safety of participants. Class sizes are small so book early to avoid missing out.

Can I have one-on-one training?

If you can't get enough circus then advance your skills with private tuition. NICA can also help polish your performance or work with you to create a stand-out routine.

What should I wear?

Participants need to wear clothing in which they can move easily. Suggested attire would be tracksuit pants, shorts or leggings, with a fairly close fitting T-shirt or singlet and a jumper or jacket to put on between activities. Long hair needs to be tied back and we ask that you remove all jewellery.

Can my friends watch the class?

For safety, parents and friends are not permitted in the training space once a class has commenced. Visitors are welcome to wait in the Green Room or foyer until class has finished.

Indemnity Forms

All participants must read and agree to the terms and conditions outlined in the *Swinburne University of Technology, National Institute of Circus Arts Short Course Program 2017 Assumption of Risk, Waiver and Indemnity document*. (To be signed by parents or guardian if under 18). Participants who do not read and

agree to the terms and conditions will not be permitted to undertake the class.

Do you offer discounts?

Yes, we offer discounts for families enrolling more than one child per term or participants enrolling into multiple classes. A discount of 10% will be applied to the second and subsequent bookings. The discount will be refunded back onto the card that payment was made after full term enrolments have been received online. Discounts are only available for NICA Short Course term classes and do not apply to already combined and discounted classes (such as Serious Teen Circus, Tuesday and Thursday).

What if I miss a class?

It is the participant's responsibility to be available for all enrolled classes as make-up classes are not always possible. We understand that sometimes things come up that prevent you from attending and will try our best to accommodate you in another suitable class within the same term. We do not offer credits that can be carried forward into the following term. Please call the Short Course office to notify us of any absences and to discuss other class options. No more than two make-up classes can be arranged within any term.

Class start times

Please arrive 15 minutes before the start of the first class for registration and to complete any missing forms. On arrival for each class, please wait in the Green Room (to your left immediately after entering the building) and your Trainer will take you/your group into the space when ready. Latecomers will be admitted at the trainers' discretion.

Cancellations and refunds

If a course is cancelled by NICA for any reason, participants will be notified and receive a full refund or credit towards another class.

****Before the commencement of term***

Students wishing to withdraw from a course for any reason prior to the term commencing will be refunded, incurring a \$30 administration fee.

Changes to enrolment, such as swapping classes, will only be allowed if there is a vacancy. Difference in prices, if any, will be paid by the student or refunded by NICA.

****After the commencement of term***

Refunds will not be given for students withdrawing after the commencement of term due to change of mind or change of availability.

Students withdrawing from a class due to injury will be asked to provide a copy of a medical certificate and refunded for the amount of unused classes incurring a \$30 administration fee.

Students withdrawing due to extenuating personal circumstances will be refunded the amount of unused classes at the Short Course Coordinator's discretion.

Changes to enrolment, such as swapping classes, will only be allowed if there is a vacancy. The difference in prices, if any, will not be refunded by NICA.

Refunds will only be made into the same account funds were received.

How to find NICA

NICA is located at 39-59 Green Street (Corner Green & Thomas Street - Please note that both streets are one-way.) Prahran VIC 3181 Australia

Classes take place in both the Sidney Myer Circus Studio and the NICA National Circus Centre.

Where do I go?

Enter the NICA building through the glass doors at 41 Green Street, closest to the corner of Thomas Street.

The entrance to NICA has keypad entry and each term participants will be issued with a new passcode. Please keep this code handy for speedy access into the building. You may want to create a contact in your phone for NICA SECURITY CODE and update it each term. Parents, if dropping off your children outside the building please provide them with the code and supervise until they have safely entered the building.

Car Park Locations

Car parks are located at Woolworths (off Cato Street) and at Melbourne Polytechnic on Thomas Street. Roads surrounding NICA have limited street parking. Check Melways or [Google Maps](#) for locations.

Public Transport

From Flinders Street Station take the Sandringham Line train to Windsor or Prahran Station.

Tram Routes 78, 6 or 72 all have stops close to NICA.

Tram routes 5 and 64 run along Dandenong Road - a short walk from NICA.

Visit www.ptv.vic.gov.au for timetable information.